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The Inkwell

Savannah, Ga. Home of the 1996 Olympic Yachting Events

Publication Schedule for Summer/Fall 1996

Deadline for Submission	Publication Date
July 27	August 8
Sept 6	Sept 19
Sept 20	Oct 3
October 4	Oct 17
October 18	Oct 31
November 1	Nov 14

Dates are subject to slight change.
Submissions are welcome. If you are inter-
ested in working for the Inkwell, call 927-
535. Salary based on ad revenue.

We're in the money!! Armstrong Receives \$1.3 Million Gift from late alumna Eleanor Boyd



Eleanor Boyd

As specified by Ms. Boyd, the money will be used for scholarships for women. "Ms. Boyd's gift will increase our scholarship funds exponentially," says ASC President Robert Burnett. "Many generations of women will have college educations as a result of this one woman's generosity."

The Boyd gift will fund scholarships for gifted women, new graduate students, and those who have had their educa-

Females struggling through college will now have a better chance of completing their degrees thanks to the more than generous offer of the late Ms. Eleanor Boyd.

Ms. Boyd's gift of 1.3 million is the largest single bequest from a private donor to an institution of higher learning in the city of Savannah.

tion delayed or interrupted by family or work obligations. "This represents a quantum leap in what we can do in the area of student scholarships. These are resources that are of the highest priority," says John Gehrm, vice president of college advancement. "... we hope that Ms. Boyd's bequest will be a catalyst for others."

A graduate of Armstrong Junior College in 1940, Boyd also graduated with a degree in music from the University of Georgia and attended the Julliard School. A music teacher in Savannah for many years, Boyd passed away in June, 1995. Close friends described her as a shy, kind person whose life revolved around her piano students and various groups of friends.



Boyd taught several generations of piano students in Savannah

Geechee's Arrive at AASU

Copies of the 1994 - 1995 Geechee, Armstrong's official school yearbook, have arrived and are available at the Student Activities Center. The books are free to students, faculty and staff who attended ASC during the 1994 - 1996 school year.

Due to a lack of commitment by previous Geechee staff members, there will be no more annual as we know it. The Office of the Geechee is being converted to a meeting room for the SGA Senate and C.U.B. (College Union Board). Several individuals have expressed an interest in editing the Geechee for the 1996 - 1997 school year, but the AASU publications board is hesitant about continuing to invest money in a publication that is frequently late or incomplete (annuals are supposed to be ready by the spring of each year, but typically do not arrive until mid-fall).

In the past ten years, several editors have quit unexpectedly, leaving no one to complete the annual. Annette Logue, editor of the 1993 - 1994 annual was kind enough to finish the current Geechee. She is shown at left, presenting one of the first copies to President Burnett.



letters:

A Letter to President Burnett

Dear President Burnett,

I am a sophomore at Armstrong State College, majoring in Political Science. I would like to express my opinion on the Name Change of Armstrong.

When Georgia Southern became a University, it didn't better their football program any. When was the last time they won a Championship? The name Georgia Southern University sounds good though. What's in a name anyway? A lot of people buy GSU clothing, not knowing where GSU is. How many people know where Harvard is? Is the London Bridge in London? I had the pleasure of going to GSU for a quarter. Now don't misinterpret this, I enhanced my GSU experience. However, I learned that GSU stood for football and parties. Up there, Armstrong stood for academic excellence. Now which matters the most? Knowing where is is, or how much you learn? nKnowing also that Armstrong has a great athletic program...Armstrong doesn't have to change their name geographically to be recognized. It didn't seem to bother the Atlanta Hawks during their training.

The "Pirates" overcame the "Stingrays", just as ASU should overcome AASU. What was the purpose of toying with 75% of the students in favor of ASU, if AASU was the ultimate decision? People are still going to call it Abercorn High, ASU or Armstrong. Why not make them happy and call it Armstrong State University? GAS/U was not a good idea. AASU could be even worse...AAS/U or Alcoholic Anonymous/SU.

I know you are under pressure, Dr. Burnett, but snad up to the Board of Regents. Go out on a limb; that's where the fruit is....
Sincerely,
Robert G. Poole, Jr.

A student responds to our article on vacationing on a budget in the Galapagos

I wanted to reply to the article about Ecuador. I lived there for 6 months and I know how everything is. For instance, you were talking about the plane trip, well they give discounts for people who live in Ecuador, so what you have to do is call, tell them you live in Quito, or Guyaquil (must speak Spanish very well) and they take 50-75% off. For example, when I went, I paid, in dollars, \$150 to fly from Guyaquil to the islands... That was 3 weeks ago. The \$60 fee for entering the island.... Well that was because you were not experienced with the government. There is a 600 sucra fee which is around \$6.00. Plus if you would have gone to the police department in quito or Guayaquil and purchased a drivers license, you wouldn't have to pay anything. The license would have said you lived in Ecuador and were studying there.

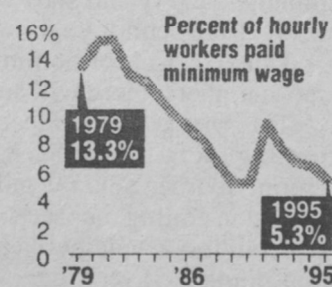
They wave most fees for students that are registered in Ecuador. I have also lived in San Pedro Sula, Honduras for 2 years... The Bay Islands there are just as nice as the ones in Ecuador, and Columbus landed there!

cornwell@earthlink.net

Robert Cornwell

Fewer minimum wage workers

Only 3.6 million of the 68.3 million hourly wage employees work for minimum wage:



NOTE: 1990-91 minimum wage increase

Letters may be sent to the Inkwell at 11935 Abercorn St., Savannah, GA 31419, e-mail address: inkwell@mailgate.armstrong.edu., or dropped by our office in room 202 above the cafeteria, or in the Student Activities Office in the MCC building. Letters must be signed and include a return address, but names will be withheld from publication if requested.

EDITORIAL: I know a dead mouse when I see one

Have you ever had the impression that people just didn't take you seriously?

I have had this problem all my life. I used to think it was because I was too young. Later, I blamed it on being a female in a male dominated world. I used to blame it on my being a naturalist in a world that put more faith in artificialities, but now, I've come to accept being ignored as a part of human nature that everyone has to deal with at some time; like when you tell a doctor you have something wrong with you and they blame it all on sinusitis, or when you warn your children or friends not to hang out with the wrong crowd and they do it anyway, get in trouble, and expect you to come to the rescue and bail them out. Kind of brings new meaning to the word ignorance...

I've come to refer to this ignorance/disbelief system as the Casper/Cassandra Complex. Cassandra was the Trojan Prophetess who could accurately predict future events with one small glitch: no one would believe anything she said was true until after the event she predicted had occurred.

Casper, as you well may know, is a ghost, and few people believe that ghosts exist.

If you have ever felt that you are making a good point but are being ignored as if you didn't exist, while the big wigs around you make the same point moments later and rave at their cleverness, then you too suffer from the Casper/Cassandra Complex.

It can be very frustrating and hard to accept if you take it too seriously. Just keep in mind that everyone likes to feel important, even if it sometimes means making others feel insignificant.

If you are modest, meek and mild mannered, you are going to be ignored at some point in life. The best thing to do is to make your ideas public and revel in your ability to say, "I told you so!", even if you're too kindly to actually say it.

Just recently, I noticed that our computer mouse was in poor operational condition and called Mark Eversol to see if we could order a new one or get the old one fixed.

He informed me that mice don't usually go bad and that I had probably just "messed something up" when I had tried to fix it by readjusting the controls on the panels menu.

I didn't think I had, but I rechecked everything and even went so far as to do the 'idiot test' of electronic appliance repair by unplugging the mouse, blowing on it (to check for dust) shaking it around (to make sure nothing was loose) thumping it (as a backup to shaking) and plugging it back in. The thing would still not behave itself and I called Mark again to no avail.

When Jo came over from the SGA office, I got her to try it. (Remember, you must make your ideas public) "Something's wrong with this mouse," she said. I told her I had told them so. At least now I had backup.

Eventually the mouse gave out completely. I made a set of cardboard ears for it, drew a dead mouse face on it and carried the thing tail first to the Student Activities Office. "My mouse died," I told Annette. She was not amused, and proceeded to examine it.

"I thought I might wrap it up in kleenex, place it in a shoe box and carry it over to Mark for a proper burial," I mused. Annette did her best to hide a smile. "I really can't see paying \$70 for a new mouse though. A place at the mall had them for \$9.99 for PC's, but not MAC's."

Annette informed me that PC's were not the same as MAC's and began making phone calls. Meanwhile, our advisor Al Harris came in and examined our dearly departed companion (the mouse, not Annette). With a stern look on his face, he began to dismantle the mouse while demanding to know when I had last cleaned it.

"Clean it?", I replied. "I didn't know I was supposed to clean it." Suddenly, I had a flash back to my early years when the clunker of a car I owned would break down and my father would demand to know what it was I neglected to take care of to make it quit working (Gee, sorry dad, it's all my fault I forgot to overhaul the engine last week).

By this time, Al was swabbing the mouse's innards out with alcohol. When he was through with it, Annette began to examine it

fully, as Heather rounded the turn like a dutiful scrub nurse preparing for operation. I gave up hope and returned upstairs to the office. A few minutes later I got the phone call, "It's dead."

Duh???

A week later our mouse had been replaced with a new one. Now we are working on getting a new monitor. It has been blurring and popping for the last eight months and no one will accept that it is quickly going the way of our mouse.

We called Mark Eversol about it, "You know those things cost money to repair..." Duh???

Here we go again!

Six weeks ago our wall air conditioning unit went down. Our window unit had long since expired, but we couldn't get anyone to fix it. Now we were desperate. We were assured that we didn't need a window unit... that the air NEVER went off in the MCC building. Now we were left with no air in 90+° heat and had a gaping hole in the window that sucked in humid air from outside to torment both us and our illing monitor to the point of near total malfunction.

Why does no one ever believe me when I tell them something is wrong? I'm no mechanical wizard and I've made more than my share of mistakes, but I do know a dead mouse when I see one.

Meanwhile, we've discovered that if you increase the screen view to 200%, you can actually read what you are typing! Will miracles never cease to happen or what?

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The Inkwell is published and distributed monthly during the summer quarter. Submission deadlines are posted on the door of the Inkwell in MCC Room 202.

The Inkwell welcomes letters and comments for improvement provided that they are clearly written or typed. All letters submitted for publication must be signed and a phone number should be provided for verification purposes. Names will be withheld upon request.

The Inkwell welcomes public announcements, press releases, etc. Such information will be published free of charge at the discretion of the editorial staff.

The comments and opinions expressed in this publication do not necessarily express the opinions of anyone other than the person who has written them and are not to be taken as a reflection upon the views of the faculty, administrators, the University System of Georgia or the Board of Regents.

GSU Professor Claims he was fired for giving high grades to Students!

Excerpts taken from a story written by Justin Miller in the May 7th edition of the George-Anne, GSU's student publication.

He had just been given the teacher of the year award and then his contract was terminated. GSU students wanted to know why Professor Abasi Malik was fired from his position as an English professor.

Malik charged that he was fired because he challenged the grading evaluation process. He said that department chair James Nichols directed him to change his grading habits during an evaluation of the professor's work.

"I was told outright by

Nichols to lower my grades or else," Malik said.

Nichols denied the allegation and stated that Malik was not fired because of his grading policy, but refused to discuss the issue further, stating that departmental policy would not allow him to discuss the status of any teacher's employment.

According to a story written by assistant news editor Justin Miller in the May 7th *George-Anne* (Georgia Southern's Student Paper), Malik said that he was fired because he challenged the evaluation process, because he believed it was discriminatory. In addition to being criticized for his

grading policies, Malik claimed that he was told by the department that his lectures and assigned topics for papers were too difficult.

While Nichols denied that Malik's grading policy had anything to do with his being let go, an anonymous faculty member in the same department said that a teacher's grading procedures are looked at during evaluations, especially when evaluating the performance of new faculty.

Jeffrey Buller, associate dean of the College of Liberal Arts and Social Sciences also said that grades can be a factor in renewing a professor's contract. "If a teacher's grades are high or low

over a long period of time, a [department] chair might choose to take that into consideration, but as far as evaluations go, they don't come into play."

Sources within the English and Philosophy department were afraid of losing their jobs if they spoke openly about the matter, but many confirmed that there was an unwritten policy that new untenured faculty who give extremely low or high grades over a period of time, may have their status questioned. The same sources said that because of this, professors may change their grading system so that the class average does not vary too greatly from the

expected norm (the bell curve).

"We aren't supposed to give out any grades that hurt the average," stated Malik. "The new teachers are terrified of getting fired, so they stick to it."

"It's hurting the students... [they] are competing against each other not for an A, but for a C. The result is that teachers come up with rules, like giving you a zero for the day if you're only one minute late, just so they can find ways to take off points just to keep the department happy."

New teachers are hired for 2 years and paired with a mentor who is responsible for acquainting them to the department.

Lack of Sleep May Lead to Increasing Health Problems

By Saeed Uddin

The Daily Northwestern
EVANSTON, Ill.- Many college students, in the daily struggle to fit their academic, social and extracurricular activities into a 24-hour schedule, create time for these endeavors by sacrificing a few hours of sleep a night.

However, recent studies indicate that these students may be headed for long-term health problems, including premature aging, weight problems and greater susceptibility to illnesses.

Some of the short-term effects of sleep deprivation, such as irritability and loss of concentration and cognitive abilities are suffered by many college students regularly.

Erich Berg, a sophomore at Northwestern University, is one such student, Berg says he usually ends up getting only three or four hours of sleep per night on weekdays. "I feel horrible and lethargic a lot, and often times I get apathetic,"

Berg said. "With demanding classes, responsibilities in my fraternity, my job and extracurricular activities, it's hard to get sleep in. I'd definitely rather get more sleep, but I've gotten used to it."

The short-term effects, widely known by students, are still largely disregarded. After all, short-term effects are short-term effects. Scientists, though are now saying that even an hour of sleep missed per day can lead to

long-lasting health problems. Even though insomnia and other serious sleep disorders affect only 30 percent of Americans, consistent low-grade fatigue is much more prevalent.

The average person requires up to nine hours of sleep per day but gets only seven, according to Phyllis C. Zee, an assistant professor of neurology at Northwestern's School of Medicine.

"[The amount of sleep needed] varies from person to person," Zee said. "Normally eight hours of sleep are required to be fully alert, active and healthy. However, many [students] may need closer to nine hours of sleep."

Sarah Durand, also a NU sophomore, suffers from insomnia. Some days, her exhaustion threatens her productivity.

"It's a horrible, horrible thing," Durand said. "I generally feel crappy, and I have a lot of trouble getting things done."

Weight gain often results from inadequate sleep because people tend to munch on food at random intervals to keep themselves awake and alert. A study conducted by Judith Wurtman, a research scientist at the Massachusetts Institute of Technology, revealed that 90 percent of hospital nurses working late shifts across the country gained weight.

"The weight gain ranged from the trivial, like five pounds, to the substantial, in

one case 100 pounds," Wurtman said in the he October 1994 issue of *Allure* magazine. "The nurses used food to keep themselves awake and to keep going. It never did alleviate the symptoms of fatigue, but it gave them the illusion of staying awake."

Sleep losses also can contribute to a weakening of many immunological functions. This results in an increase susceptibility to many communicable diseases such as colds and flu, as well as many noncommunicable illnesses such as gastrointestinal problems.

These higher rates of various illnesses suffered by sleep deprived persons occur because the immune system gets thrown into a state of disorder, according to a study done by Harvey Moldofsky, director of University of Toronto Center for Sleep and Chronobiology.

"Levels of interleukin-1, which is known to organize the immune system, go up when a person goes to sleep," Moldofsky said.

An acceleration of the aging process can also be caused by a loss of sleep, because one of the major functions of sleep is to allow chemicals within the body to repair cell damage and ward off infectious diseases.

The best way to solve these problems is to go to bed and wake up at the same time every night and day of the week, says Cornell psycholo-

gist James Mass in *Allure*. For those people with schedules incompatible with a least eight hours of sleep every night, a nap of about 20 to 30 minutes can only partially alleviate some of the symptoms

of sleep deprivation, according to sleep researcher David Dinges.

"Can you live your life that way? No," Dinges said. "But the effect is better than not taking naps."

Sleep Facts:

One out of three Americans has problems sleeping. For a better night's sleep, keep these tips in mind:

- Develop a ritual for sleep. A regular routine before bedtime, such as reading or taking a bath, becomes a cue to relax.
- Keep regular hours. An erratic schedule makes it difficult to fall asleep at night or wake up in the morning.
- Keep homework out of the bedroom. Reserve the bedroom for sleep only; associate the bed with rest rather the stress of work or classes.
- Don't use alcohol as a sedative. Alcohol interferes with stages of deep sleep.
- More sleep is not always best. Sleep becomes more shallow and fragment the longer you stay in bed.
- Avoid caffeine late in the day. Caffeine lingers in the body for six to eight hours, disrupting sleep patterns.
- Exercise regularly. Early evening exercise helps relieve tension and slows down the body before bedtime.

Source: Knight-Ridder/Tribune Information Services.

Honors Program Offers Core Alternatives

If you are fresh out of high school or have maintained a 3.2 GPA overall, you may be qualified to enter the Honors Program at ASC.

The honors program is a new initiative at Armstrong that is designed to challenge and reward students of high academic ability and motivation.

The program begins with special sections of courses within the Core Curriculum. The honors program will provide special intellectual, cultural and social opportunities, while the smaller class sizes will allow students a greater opportunity to meet and work with their academic peers and play a more active role in the learning process.

Honors courses will be offered in each department major. Current honors courses are as follows:

HIS 192 Honors Civ. II
ENG 192 Honors Comp
ENG 292 Honors Lit
MAT 206 Calculus I or
MAT 207 Calculus II
PSY 191 Honors Gen Psy

Admission to the program: Scholarships

a) Entering Students may apply to the Honors Program if they score both 1100 on the SAT and graduate with a 3.2 in their high school class. Students scoring 3 or better on each of three Advance Placement examinations of the College Board will also be encouraged to apply.

b) Continuing Students may apply to enter the Honors Program if they have at least a 3.2 overall GPA and are either enrolled in or have completed an Honors Course. Honors courses in the core are open to all students who meet the published prerequisites.

Graduation with Honors

Students will Graduate with Honors by completing the Honors in the Core component, the Honors in the Major component, and by maintaining a 3.2 GPA at the time of Graduation. The achievement will be noted in the student's graduation regalia, on the diploma and in the college transcript. Honors Program graduates will also receive one the traditional Latin honors.

Scholarships

A limited number of scholarships are available for qualified students who meet and maintain high standards of academic performance. Students applying to the Honors Program are eligible for consideration for these scholarships.

Other Benefits

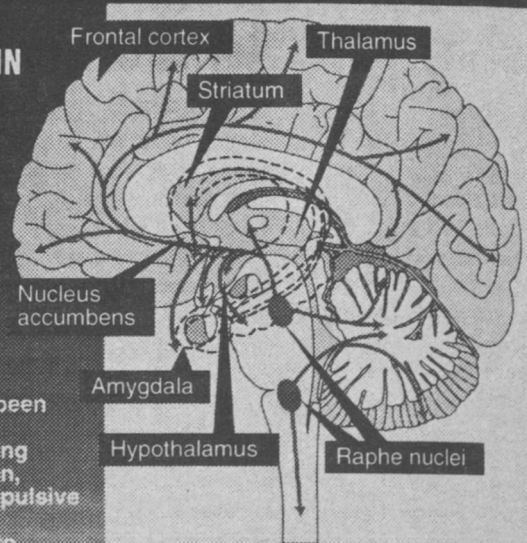
Students enrolled in the Honors Program will also be invited to attend special luncheons and social events each quarter. Special cultural and social activities are also on the agenda.

Honors students will be allowed to preregister early for classes. A special honors dorm and special lounge and computer facilities are also in the planning stages when the new Academic Building is completed.

If you would like more information on becoming a part of the honors program on campus, please contact Mark Finlay in the History Department at (912) 927 5283, or 921-5642. FAX: (912) 921-5581 or e-mail: mark_finlay@mailgate.armstrong.edu.

SEROTONIN IN THE BRAIN

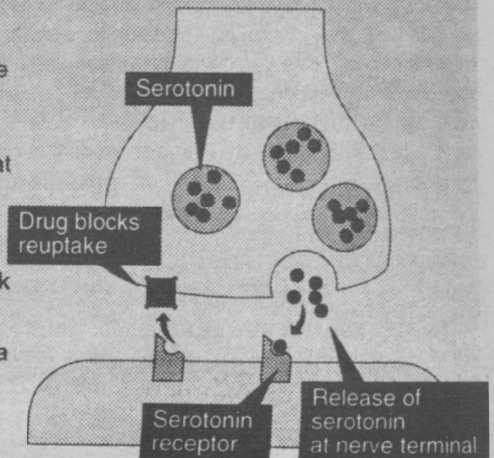
Serotonin is a messenger molecule involved in numerous brain and body functions, including mood, behavior, pain, appetite and sexual activity. Serotonin has been implicated in problems ranging from depression, obsessive-compulsive disorder and schizophrenia to migraine headaches and high blood pressure.



Nerve cells producing serotonin are found along the boundary between the brain's hemispheres in the midbrain and brain stem. Axons from cells such as the ones in the raphe nuclei extend to various brain regions, including those involved in thought and emotion.

SEROTONIN SYNAPSES

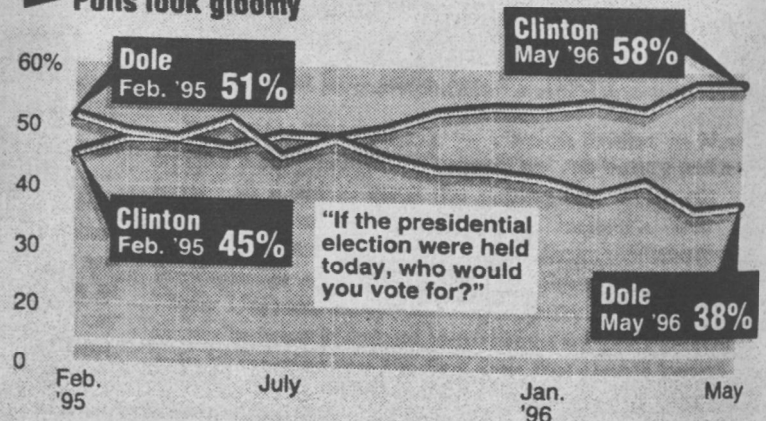
More than a dozen different types of serotonin receptors have been identified, partly explaining serotonin's multifaceted effects. Some drugs used to treat depression block the action of chemicals that break down serotonin. Others, such as fluoxetine (Prozac), block the molecules that convey serotonin back into the releasing axon (a process known as reuptake).



Dole focuses on campaign

Trailing badly in opinion polls, Sen. Bob Dole is leaving the Senate to concentrate on his presidential bid

► Polls look gloomy



◆ May 1996: Percent who said there's "no chance" they'd vote for Clinton: 37%

◆ May 1996: Percent who said there's "no chance" they'd vote for Dole: 51%

► Dole's Senate career



- 1968: Wins first election as senator from Kansas with 60% of vote
- 1976: As senator, President Ford's running mate
- 1982: As Finance Committee chairman, pushes through major tax increase
- 1983: Helps rescue Social Security from bankruptcy

- 1984: Becomes Senate majority leader
- 1986: Helps lead effort to overhaul the tax code; Democrats regain control of Senate, becomes minority leader
- 1994: Becomes Senate majority leader again after GOP regains control of Senate
- 1995: Leads effort to pass a GOP budget designed to erase federal deficit by 2002

SOURCES: Gallup poll for CNN/USA Today; Congressional Quarterly



The Graduate Page

Graduate Thesis Workshop July 25, 1996

Dean Emma T. Simon will facilitate this quarterly scheduled Graduate Thesis Workshop on July 25, 1996, 4:00 p.m. in the Boardroom of the Administration Building. According to past participants, this workshop has provided valuable insight to the development and presentation of their thesis. Dean Simon will provide examples of past thesis and touches on the following topics: Responsibilities of the student, the chair and the committee; required style manuals; organization of the thesis; general instructions for preparing the thesis; thesis submission; policy for addressing allegations of misconduct in scientific and scholarly research and Institutional Review Boards (IRB).

Dean Simon requests that you make a reservation by calling the School of Graduate Studies, 927-5377.

Nominations of Graduate Students on Selected Standing Committees

During the Graduate Student Coordinating Council (GSCC) Awareness Week this past April, many expressed the desire that graduate students get more involved in standing committees on campus that directly effect them. After considering this request by the GSCC, Dean Simon solicited the GSCC for potential nominees. On June 24, 1996, the GSCC submitted the following names for the following committees:

Graduate Council:
Kathryn Hall

Graduate Curriculum Committee: Chet Baker
Graduate Faculty Status and Activities Committee: Myrah C. Duncan
Graduate Academic Policy and Student Affairs Committee: Kelly Swain

Graduate Student Appeals Committee: Kevin M. Lynch

All of the nominees are subject to approval by each individual committee. Since these committees do not normally meet during the summer sessions, their appointments will not be confirmed until fall quarter, providing of course that they are approved.

The School of Graduate Studies Gets Another Accreditation

Armstrong received notification in June that the graduate programs in the School of Graduate Studies are now accredited by the Commission on Colleges of the Southern Association of Colleges and Schools. Congratulations to the Office of Graduate Studies for their efforts to ensure that our graduate degree programs are recognized throughout the nation. A listing of other "earned" regional and special accreditation's are located on page 7 of the Graduate Catalog 1995-96.

HELP WANTED Representatives are needed for the GSCC

According to the GSCC bylaws, representatives are selected during the early weeks of the fall term and are expected to serve four quarters. Only full time

students who are in good standing may be Council members. There are nine members that comprise of two representatives from education, one from health science, one from history, one from nursing, one from criminal justice. In addition, there are at-large representatives from each of the Schools of Arts and Sciences, Education and Health Professions. Because the Master of Physical Therapy has been added to the Graduate program, the GSCC will have to adjust its representative positions.

Do you need Medical Insurance?

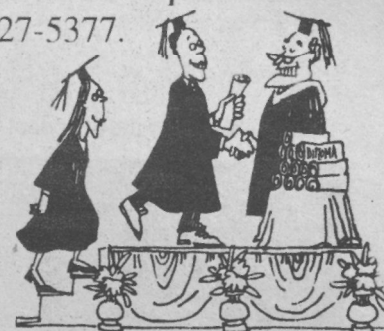
The office of Student Affairs, located in the MCC building, 2nd floor, has two medical insurance policy options for your needs. These policies are not endorsed by the University nor the GSCC. However, the Southeastern Colleges and Universities have endorsed the Standard Life and Casualty Insurance Company and the National Association of Graduate-Professional Students have endorsed the MEGA Life and Health Insurance Company. Both policies are considered a supplemental coverage for sickness and accidental situations only and they both have various differences. Dental, routine and preventative medical coverage's are not included in these policies. The MEGA Life and Health Insurance Company offers separate coverage for international students. A copy of the Master Policy is kept on file for your review.

GSCC's next meeting will be August 14, 1996 5:00p.m. in the Student Affairs Office

The purpose of this section of The Inkwell is to attempt to provide a centralized forum for the graduate student body in all matters concerning academics, welfare, administration and other services relative to graduate students. In addition, we will attempt to advertise professional development activities that may make graduate students more employable; promote closer graduate student-faculty-administration relations; and to work with the School of Graduate Studies, the Division of Student Affairs, and other campus offices to promote greater recognition of graduate education on and off the campus.

Chet Baker - Vice-Chair
Myrah C. Duncan
Secretary/Treasurer

The Graduate Student Coordinating Council is the student government for the graduate student body. We meet the second Thursday of every month in the Faculty Dining Room. The GSCC holds elections to the Council during the Fall quarter of each year. For submissions and comments to The GSCC shorts, or obtain general information about the GSCC please contact Kevin M. Lynch at 927-5271. For information about Armstrong Atlantic State University Graduate Studies please call 927-5377.



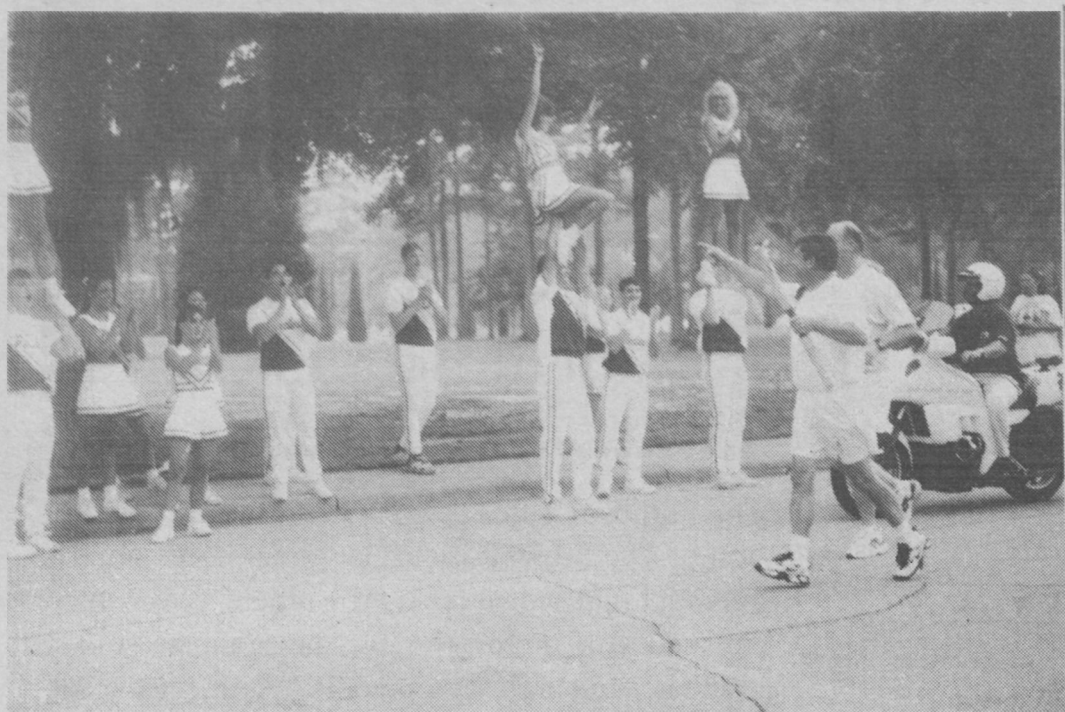
Graduating?

Don't forget to apply.

Fall Quarter deadline:

August 6

Olympic Torch Run Comes to AASU!



The Armstrong Cheerleaders greet Joe Buck as he nears wife Marilyn by the Lane Library



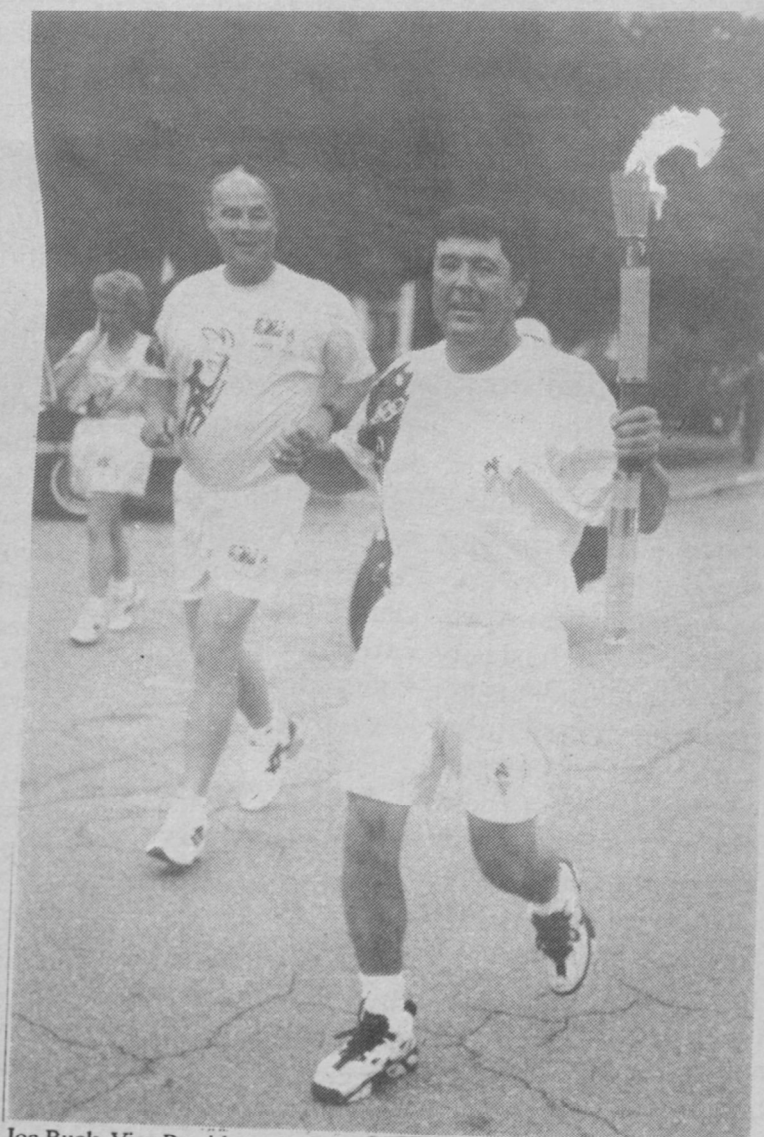
Marilyn Buck, of the School of Health Professions, carries the Olympic torch down Science Drive.



The sign says it all. Proud co-workers greet torch bearer Marilyn Buck with tears in their eyes.



A future Olympic athlete in the making? Joe Buck shares the dream with a young admirer outside the Memorial College Center.



Joe Buck, Vice President of Student Affairs, laps the school before lighting the torch of wife Marilyn. The Bucks were nominated to carry the flame for their community service work in the city of Savannah.

Do American Attitudes Toward Drinking Encourage Underage Alcohol Abuse?

By Carrie Whiddon

As an American who grew up in Germany, I've experienced some major culture shock living in Georgia. One of the hardest things for me to understand is the American attitude toward alcohol. I'm twenty years old. I go to college and pay for college. I'm married and I pay bills. I work. YET, I'm not old enough to go out and have a glass of wine at a nice restaurant. I'm led to believe this is because people my age are not ready for the responsibility of drinking. It also seems to be a common assumption that people well under the legal age will drink, it just won't be within the law. They say that if the age was lowered we'd have even younger kids drinking illegally. Yadda yadda yadda... blah, blah, blah....

Why is alcohol so taboo? It's sort of like a bad thing that everyone does anyway. Our children are taught from a young age that drinking is bad, but they see adults do it all the time. In 1989 there were two school districts in California that banned the Grimm story of Little Red Cap because she was bringing food and wine to her grandmother. They didn't like the fact that the child was bringing alcohol to her grandmother. Is that crazy, or what? Kids and young adults are told to abstain from this evil until they're "old enough" to handle it. What's the first thing a "kid" does when you tell him he *can't* do something? *He does it.* What's the first thing he does when you tell him he's not old enough, responsible enough, grown up enough, or smart enough to do something? *He does it anyway, usually to prove you wrong.* Go to a highschool or college party and take a poll. Most of the people there will

be under the legal drinking age and will be getting totally sloshed. They will be the first to tell you they are plenty responsible and plenty adult to handle it. It's a challenge to them, kind of an act of rebellion. They set out with the sole purpose of getting drunk. Who can drink the most? the fastest? the longest? It's insane to me. It makes no sense whatsoever, but it seems to be almost the same with some of the older people I know. I'll have a drink at home (since I can't drink elsewhere), but it's simply because I like the way a particular drink tastes or goes with my meal. Why is my attitude toward drinking so dramatically different from the attitudes of my peers? I think it's because I was raised in a society that looks differently at alcohol.

Where I lived in Germany, beer and wine are normal and acceptable drinks. They're as common as water and cola. You are trained from childhood to drink in moderation or at least within reason. If someone becomes inebriated it's almost unheard of to get behind the wheel of a car. If you do, and get caught, it's your fault, and you will pay...

a lot. You will lose your licence... for a while. It's not the fault of the drinks. It's not the fault of the bar. It's not the fault of the bartender who served you the drinks, or the advertisements that made you buy them. It's not even the fault of the society that drove you to drinking.

At almost any age within reason, you can buy and consume beer, wine and other easy liquors. You have to be somewhere in your teens to buy hard liquor. If you're accompanied by an adult or parent it doesn't matter what you want, you can have it. When a friend of mine and his family visited here he was appalled that he couldn't even have a glass of wine even though his parents were right there. He thought it was absurd. Well, hey, it is.

The area I was in didn't have nearly the problems we do here with DUI, "illegal drinking", or alcohol related violence. Maybe if we taught people how to drink responsibly and how to take responsibility for their own actions we wouldn't have to make alcohol the bad guy and I could have a Bahama Mama at Applebees.



'You know, they warned me that smoking marijuana would lead to harder drugs.'

Critic's Corner by Michael Greene

ERASER

My girlfriend, who likes to watch soap operas now and again, tells me that the writers of these shows either consult with each other or steal from each other. She says story lines are constantly being repeated from one soap to another. Even the same first names show up from soap to soap! I was reminded of this as I watched this latest Schwarzenegger action flick.

The plot is identical (at least in my mind) to the "Mission: Impossible" movie. Arnold portrays John Kruger, an operative for the U.S. Marshals' Witness Security Program. His code name is, appropriately, "Eraser," since it's his job to take people who have been witnesses in extremely sensitive cases, "erase" their identities, and place them in new lives. He does this generally by faking their deaths.

His latest assignment is a woman named Lee (Vanessa Williams). In her job working with an arms manufacturer, she has come across a plot to sell powerful, yet untested, new weapons to enemies of the U.S. In collusion with the FBI, she has obtained secret files testifying to this and has agreed to appear in court against the Cyrez corporation (the arms manufacturer).

Lee doesn't cotton to Kruger at first. However, she's soon convinced



she needs him when five very sinister-looking men show up to kill her. Grudgingly, Kruger and Lee team up.

Neither of them knows that the Cyrez information links certain nefarious activities with high-level operatives within the government. By the time they discover this, it's too late. They've been set up as "moles," and are being pursued by the same people they're trying to help.

The ending is fairly predictable, and the action scenes are as well. However, fans of the genre, and of Schwarzenegger, will like this flick. Personally, I really didn't care for it. Schwarzenegger is terrible at "sensitive," which is what he goes for in this movie. The bright spot for me was Vanessa Williams. Hers is a performance that lights up the screen!

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Top 10 Singles

1. Toni Braxton "You're Making Me High/Let It Flow" (Laface/Arista) Last Week: No. 1
2. 2Pac (Feat. KC and JoJo) "How Do U Want It/California Love" (Death Row/Interscope) No. 2
3. Bone Thugs-N-Harmony "Tha Crossroads" (Ruthless/Relativity) No. 3
4. Los Del Rio "Macarena" (RCA) No. 6
5. Monica "Why I Love You So Much/Ain't Nobody" (Rowdy/Arista) No. 11
6. Keith Sweat "Twisted" (Elektra) No. 10
7. Tracy Chapman "Give Me One Reason" (Elektra) No. 4
8. Quad City DJ's "C'mon N' Ride It (The Train)" No. 12
9. Total "Kissin' You" (Bad Boy/Arista) No. 14
10. All-4-One "Someday" (Walt Disney/Hollywood) No. 18

Top R&B/Soul

1. 2Pac (Feat. KC and JoJo) "How Do U Want It/California Love" (Death Row/Interscope) Last Week: No. 2
2. Toni Braxton "You're Makin' Me High/Let It Flow" (Laface/Arista) No. 1
3. Keith Sweat "Twisted" (Elektra) No. 3
4. 112 Feat. The Notorious B.I.G. "Only You" (Bad Boy/Arista) No. 5
5. Total "Kissin' You" (Bad Boy/Arista) No. 11
6. Tevin Campbell "Back To The World" (Qwest/Warner) No. 8
7. Montell Jordan Feat. Slick Rick "I Like" (Def Jam/Mercury) No. 4
8. Men Of Vizion "House Keeper" (550 Music/Epic) No. 7
9. Mista "Blackberry Molasses" (EastWest/EEG) No. 21
10. Bone Thugs-N-Harmony "Tha Crossroads" (Ruthless/Relativity) No. 10

Out of work

Annual unemployment rate, 1995

Canada	9.5%
Germany	6.6%
Mexico*	6.4%
U.S.	5.6%
Japan	3.2%

*Urban unemployment

SOURCE: Bureau of Labor Statistics, Economic Commission for Latin America and the Caribbean; research by PAT CARR



Jobs growing the fastest and having the largest numerical increase in employment from 1994-2005 by level of education and training.

First professional degree

Chiropractors	Lawyers
Physicians	Clergy
Podiatrists	Dentists

Doctoral degree

Medical scientists	College and university faculty
Biological scientists	Mathematicians and other mathematical scientists

Master's degree

Management analysts	Operations research analysts
Counselors	Psychologists
Urban and regional planners	
Speech-language pathologists and audiologists	

Work experience plus bachelor's degree

Engineering, mathematics, and natural science managers	
General managers and top executives	
Marketing, advertising, and public relations managers	
Financial managers	Artists and commercial artists
Education administrators	

Bachelor's degree

Systems analysts	Computer engineers
Teachers, secondary school	Occupational therapists
Teachers, elementary school	Physical therapists
Teachers, special education	Social workers

Associate degree

Paralegals	Registered nurses
Medical records technicians	Dental hygienists
Radiologic technologists and technicians	
Respiratory therapists	Postsecondary vocational training
Manicurists	Secretaries, except legal and medical
Surgical technologists	
Licensed practical nurses	Data processing equipment repairers
Hairdressers, hairstylists, and cosmetologists	
Dancers and choreographers	Legal secretaries
Emergency medical technicians	Medical secretaries

Work experience

Nursery and greenhouse managers	Marketing and sales worker supervisors
Lawn service managers	Clerical supervisors and managers
Instructors, adult education	Food service and lodging managers
Teachers and instructors, vocational and nonvocational training	

Long-term training and experience

(more than 12 months of on-the-job training)

Electronic pagination systems workers	
Maintenance repairers, general utility	
Correction officers	Securities and financial services sales workers
Automotive mechanics	
Patternmakers and layout workers, fabric and apparel	
Cooks, restaurant	Police patrol officers
Producers, directors, actors, and entertainers	

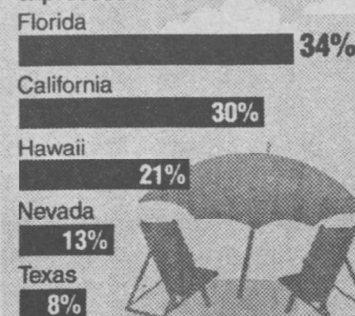
Howard N Fullerton, Jr., Bureau of Labor Statistics

Wash_D@bls.gov Last modified: May 21, 1996 URL: <http://stats.bls.gov/oco/ocotjt1.htm>

Summer travel

Top five destinations for summer travel, 1996:

Percent surveyed who expressed interest



SOURCE: Travel Industry Association of America's 1996 survey of 1,500 adults

Books

by Ralph Hollenbeck

THE UNRULY QUEEN: The Life of Queen Caroline, by Flora Fraser (Knopf: \$35.00). Chuck and Di and Andy and Fergie? Wimps all. Today's British royals lack the fire of their predecessors. Henry II and other early kings imprisoned queens who displeased them. Henry VIII severed connubial relations with sharp finality. Stuart monarchs disregarded spousal opinion and disported themselves with whom they wished, male or female. Only George IV's bride turned out to be a match for her consort. George, as Prince of Wales, was constantly in debt. Marriage would increase his Parliamentary allowance. Caroline, irrepressible and none too bright, wished to escape a dull German ducal court. As the author states in her captivating study, "If the Prince could not wait to get clear of his debts, the Princess could not wait to be shot of Brunswick." Disaster! The couple cohabited less than a year, but Caroline did provide a potential heiress to the throne (the girl died in young womanhood). Spurned by George, Caroline behaved outrageously in England and on the continent, was barred from her husband's coronation, and barely escaped conviction by the House of Lords as an adulteress. The public loved her. Flora Fraser, granddaughter of Elizabeth Longford and daughter of Antonia Fraser, does credit to the family tradition — she has learned well the art of biographical writing. "The Unruly Queen" magnificently recreates a raucous era and the rowdy people who made it so. Bravo!

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Tuning In

by Sally Stone

HEADING FOR A FALL debut are these new shows scheduled to join renewed productions:

ABC — "Life's Work," with stand-up comic Lisa Ann Walter as an assistant state attorney; "Spin City," with Michael J. Fox as a deputy to the mayor of New York City; "Townies," with Molly Ringwald headlining a show about Generation Xers living in New England; "Sabrina, the Teenage Witch," a live-action adaptation of the Archie comic teenager hexer; "Clueless," based on the hit flick about a

Poor children

Percentage of children living in poverty after government assistance in the U.S. and nine other countries, 1991:



SOURCE: Census Bureau

teenager alive and well in Beverly Hills; "Common Law" with comic Greg Giraldo as a lawyer from a blue-collar Queens, N.Y. family; "Dangerous Minds" based on the movie, with Annie Potts as an ex-Marine who tries to turn her racially-mixed class of students from mischievous to academic achievement; "Relativity," which explores marriage and extended families.

CBS — "Cosby" with Bill Cosby, who plays the only sane man in an insane world; "Ink," with that talented wedded duo, Ted Danson and Mary Steenburgen, playing two formerly-wed reporters; "Pearl," with Rhea Perlman and Malcolm McDowell as a student and teacher; "Public Morals," which is all about vice squad officers working to keep us safe from vice; "Everybody Loves Raymond" with Ray Romano who tries being a '90s parent; "Home of the Brave," with Gerald McRaney — a spin-off of "Touched by an Angel;" "EZ Street," about two men on opposite sides of the law; "Moloney," with Peter Strauss as a police psychiatrist; "Mr. & Mrs. Smith" with Scott Bakula as an agent for a detective company; "Early Edition" about two people who use a newspaper's "early edition" to help others.

NBC — "Mr. Rhodes" with Tom Rhodes as a different kind of teacher; "Something So Right" with Mel Harris and Jere Burns as New York newlyweds who start married life with much baggage and three children; "Men Behaving Badly," a British series-based look at the lives of two young bachelors; "Suddenly Susan" with Brooke Shields as a book editor trying to cope with the dating game; "Dark Skies," a one-hour thriller that spans 40 years of sci-fi phenomena and possible links to historical events; "The Pretender," with Michael T. Weiss as a super genius fleeing a mysterious secret research complex; "Profiler," about a retired forensic "profiler" who solves mysterious murders.

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Heat Waves, Floods, and Hurricanes Welcome to Savannah, Ya'll!

By B.J. English

You have to wonder what all these folks in Georgia for the Olympic Games must be thinking about the weather.

When one lives in the south, one expects the weather to behave in certain erratic patterns. We can experience a heat wave in December or a snowstorm in late March.

We are not immune from freezing temperatures, droughts, hurricanes, floods, tornadoes or intense heat spells which send the elderly and ailing to the hospital and often prove fatal to outdoor workers.

Along with the erratic weather, we have come to expect a summer resurgence of annoying creepy crawlies from palmetto bugs and mosquito's to locusts, horse flies and fire ants. It is just a way of life that you come to expect in the south, but many visitors are ill prepared for what they expect to be a near tropical paradise.

Tourists leave their jackets behind in winter and gasp in shock and react in panic to the least little storm that passes through.

Natives have come to welcome the odd changes in weather and a few actually look forward to hurricane season so that they may prove their prowess at weathering the storm like an old pro.

They can pull out the generators and the camping supplies that haven't been used since the kids went off to college and enjoy having a few days off work to live the rustic life of pioneers.

While many have easily adapted to the uncertain weather of the south, you have to wonder about the sanity of holding something as momentous as the Olympics here during a season that typically provides



Lake Armstrong perhaps? If you ever wondered why there were always plenty of parking places on Arts Drive when the skies were gray, this might be a clue.

some of the hottest, muggiest, buggiest, most hurricane prone weather anywhere in the known universe.

Although it may be crude, I'm sure I have lots of company in believing that the song *Redneck Games*, by Jeff Foxworthy and Alan Jackson is probably a more accurate depiction of a theme song for the summer Olympic games

in Atlanta than is the song *Reach* by Gloria Estefan.

Those with tickets to the indoor events will probably relish in the comfort of artificial air, but those outside are likely to suffer as much from insect bites, sun stroke and lightening strikes, as they are from the agony of defeat.

They say that the Olympic Games are a great peace

keeper between nations and they are probably right.

After visiting the south in the summer, I seriously doubt any foreign nation would consider wanting to conquer and overtake us, but.... if you can sell a ground level house on swamp land to a nonnative and get away with it, then I suppose anything is possible.



We said No Parking and we meant it! Of course if you want to float, be our guest... Flood waters blocked Windsor Forrest Road and covered Arts Drive in over a foot of water.



Best place to live

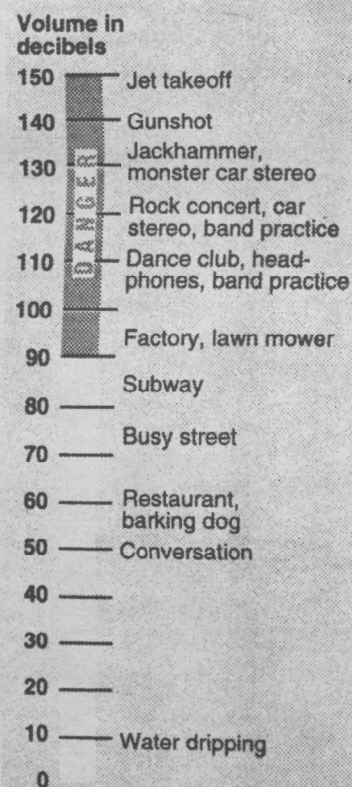
Top 10 U.S. cities to live in, according to Money magazine:

- 1 Madison, Wis.
- 2 Punta Gorda, Fla.
- 3 Rochester, Minn.
- 4 Ft. Lauderdale, Fla.
- 5 Ann Arbor, Mich.
- 6 Ft. Myers/Coral Gables Fla.
- 7 Gainesville, Fla.
- 8 Austin, Texas
- 9 Seattle
- 10 Lakeland, Fla.

SOURCE: Money magazine

Is your hearing at risk?

Prolonged exposure to noises louder than 90 decibels is considered dangerous to your hearing. How loud typical sounds are:



Safe exposure

Government work guidelines for high decibel level exposure:

Volume	Time limit
95	4 hours
100	3 hours
110	30 minutes
120	7.5 minutes

SOURCES: Dallas Morning News, American Academy of Audiology

The Inkwell

Prime time for the fall season

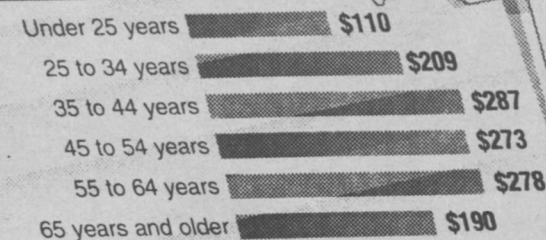
Fall schedule for major TV networks (New shows are listed in boldface type)

	8 p.m.	8:30 p.m.	9 p.m.	9:30 p.m.	10 p.m.	10:30 p.m.
SUNDAY	NBC Lois and Clark	Boston Common*	NBC Sunday Night at the Movies			
ABC	Touched by an Angel*		ABC Sunday Night Movie			
CBS	The Simpsons	Ned and Stacey	CBS Sunday Night Movie			
FOX			The X-Files		(local programming)	
MONDAY	Jeff Foxworthy	Mr. Rhodes	NBC Monday Night at the Movies			
NBC	Dangerous Minds		Monday Night Football			
ABC	Cosby	Ink	Murphy Brown	Cybill	Chicago Hope	
CBS	Melrose Place		Party Girl	Lush Life	(local programming)	
FOX						
TUESDAY	Mad About You*	Caroline...*	Frasier	John Larroquette...	Dateline NBC	
NBC	Roseanne	Life's Work	Home Improvement	Spin City	NYPD Blue	
ABC	Home of the Brave		CBS Tuesday Night Movie			
CBS						
FOX	Fox Tuesday Night Movie				(local programming)	
WEDNESDAY	Wings*	Something...	NewsRadio*	Men Behaving...	Law and Order	
NBC	Ellen	Townies	Grace Under Fire	Drew Carey Show	PrimeTime Live	
ABC	The Nanny*	Pearl	Almost Perfect*	Public Morals	EZ Streets	
CBS	Beverly Hills, 90210		Party of Five		(local programming)	
FOX						
THURSDAY	Friends	The Single Guy	Seinfeld	Suddenly Susan	E.R.	
NBC	High Incident		Murder One		Turning Point	
ABC	Diagnosis Murder*		Moloney		48 Hours	
CBS	Martin	Living Single	New York Undercover		(local programming)	
FOX						
FRIDAY	Unsolved Mysteries		Dateline NBC		Homicide	
NBC	Family Matters	Sabrina	Clueless	Boy Meets World	20/20	
ABC	Dave's World*	Everybody...	Mr. and Mrs. Smith		Nash Bridges	
CBS	Sliders		Millennium		(local programming)	
FOX						
SATURDAY	Dark Skies		Pretender		Profilers	
NBC	Second Noah		Coach	Common Law		
ABC	Dr. Quinn, Medicine Woman		Early Edition		Walker, Texas Ranger	
CBS	Cops	Cops	Married With...	Come Fly With Me	(local programming)	
FOX						

*New time period. SOURCES: ABC, NBC, FOX, CBS

Who buys beef?

Average annual spending on beef per person, by age group, 1993



SOURCE: Statistical Abstract of the United States; research by PAT CARR

WHITewater FISHING



MAMA'S BOYZ by JERRY CRAFT



Testing for AIDS virus at home

The Food and Drug Administration has approved the sale of kits for home testing for HIV infection. How they work:

- 1 User pricks finger with test kit lancet; dabs three drops of blood on sample card, which contains a unique code
- 2 User mails sample to licensed blood lab, which conducts HIV screening
- 3 User, identified by kit's unique code, calls lab seven days later
- 4 If test is negative, user hears a recording and receives information on staying HIV-free
- 5 If test is positive, user is told by a counselor, who refers user to a clinic or national AIDS hot line

SOURCE: AP, Direct Access Diagnostics, AIDS Action Council; research by ROY GALLOP

Heavy drinking in the military

Prevalence of heavy drinking in the U.S. military compared to the civilian population:

Marine Corps	28%
Navy	19%
Army	18%
Air Force	9%
Total military	17%
Civilian pop.	12%

NOTE: Heavy drinking is defined by the military as five or more drinks at one occasion at least once a week. SOURCE: Defense Dept., National Household Survey on Drug Abuse

☆☆☆☆☆☆☆☆

Aggressive drivers feared most

Question from recent survey on driving safety:

"Which driving behavior do you feel most endangers your highway safety?"

Aggressive drivers	40%
Drunk drivers	33%
Congestion	12%
Large trucks	10%
Road conditions	4%

SOURCE: Gallup survey for AAA Potomac of 1,800 adults in Mid-Atlantic region, March 1996

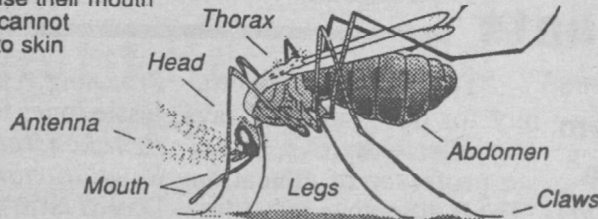
Lowly MOSQUITO

Looking for its next victim

Mosquitoes have made a nuisance of themselves ever since they discovered cave dwellers. They not only leave humans and animals with itchy bites, they also transmit diseases.

Female mosquito up close

Female mosquitoes need protein from blood of humans and animals so that their bodies can manufacture eggs; male mosquitoes don't bite because their mouth parts cannot cut into skin



Vital statistics

■ **Fast flyers:** Mosquitoes can fly as fast as 30 mph, but don't fly very high; upper windows of tall buildings don't need screens

■ **Where they attack:** Do not discriminate among warmer parts of the world; some of the worst attacks on humans occur in the far north above the Arctic Circle

■ **Buzzing:** Mosquitoes flap their wings more than 300 times a second

■ **Fertile insect:** One mosquito can eat 20 blood meals and lay eggs 20 times, laying thousands of eggs in a lifetime lasting up to five months

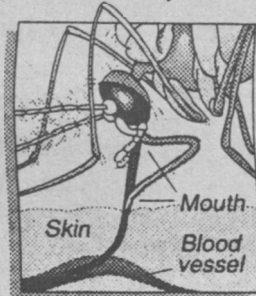
■ **Their victims:** Most species are not choosy about their sources of blood, although some species prefer ants, birds, wild rodents

■ **The itching:** Caused by allergic reaction to mosquito's saliva; body reacts, sends extra blood to the bite, resulting in swollenness

■ **Diseases:** Among diseases spread by mosquitoes are yellow fever, malaria, encephalitis; in 1904, work on the Panama Canal was halted because yellow fever killed so many workers

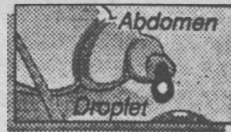
How she zooms in for a big, juicy bite

1 Mosquito finds its victim by sensing warm, moist air around the body



2 The biting mouth made up of bristles and tubes; bristles jab up and down to punch hole in skin; saliva flows through one tube; blood sucked into mouth through another

3 Abdomen swollen with blood



4 Releases droplet of liquid from intestines to reduce her weight for an easier getaway

5 Flies off with big load of blood, usually before victim can feel the bite

6 Rests for several days before she lays eggs; takes that long for blood meal to be digested; she has enough food to help 75 to 500 eggs develop

SOURCE: "Let's Find Out About Mosquitoes," "Mosquitoes," "The Mosquito;" Research by LILY DOW

Health & Nutrition

by Judith Sheldon

Many languages have phrases that indicate a concern for the well-being of those who meet. Among the Chinese, the various dialects have expressions that are more specific. One of the more common greetings can be translated as, "How's your stomach?"

The Chinese, who have the benefit of 4,000 years plus of civilization, know that all other things being equal, if you have trouble with your digestion, you have problems, which can range anywhere from mild discomfort to serious illness.

For many people, stomach problems can mean a lifetime devoted to finding newer and, one hopes, better antacids, laxatives, "binders," etc.

A change in diet, which includes cutting back on dietary fats, may be helpful. Mild exercise, such as taking a walk after a meal, can also be beneficial since it appears to help the digestive process. Stress control is important. The more pressure you're under, the more hydrochloric acid your stomach is likely to secrete. (This may be a genetic protective device. Apparently, if you're going to fight, you do better on an empty stomach; the excess acid is meant to digest food more quickly. The same device may trigger sudden bowel and bladder emptying both in animals and people who face danger.)

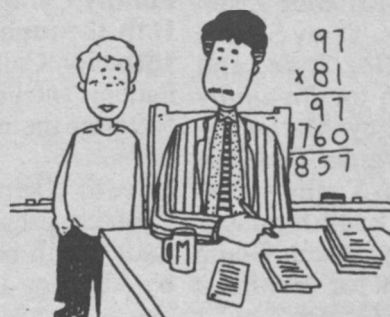
Heartburn, or acid indigestion, is typically caused by a backup into the esophagus of partly-digested food which is laced with stomach acid. When food is being digested, it moves through the esophagus, which contains a band of muscle called a sphincter. It opens to allow food to pass through, then closes to keep the food from backing up. Occasionally, the sphincter reopens and the partly-digested acid mixture flows back up into the esophagus. Result: heartburn. It may help to stop eating at least an hour before bedtime to give the ingested food time to pass further down the digestive tract.

Use of antacids, on the advice of one's doctor, of course, can also help. Keep in mind that heartburn should not be considered just an uncomfortable part of life: Over time, the acidic mixture can damage the esophagus. If you have chronic heartburn, see your doctor. Help is available.

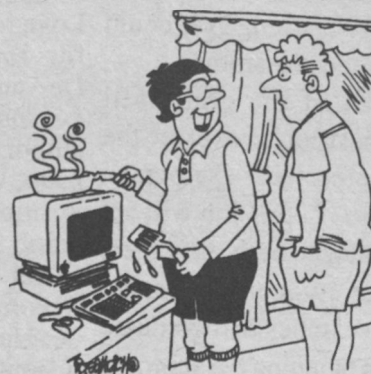
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"It says 'For a good time, call Fatima.'"



"You're a great teacher, Mr. White. But please, don't teach us how to dress."



"It also doubles as a hot plate!"



"So he opens this one little jar, and ever-since..."

Scholarships Awarded

The Savannah Science Museum has awarded scholarships to three area high school students who submitted winning essays on why they want to participate in the museum's Caretta Research Project.

Emily Markestein, a sophomore at Jenkins High School, and Michelle Bergeron, a senior at Savannah Country Day School, are recipients of AAUW (American Association of University Women) Caretta Research awards. Zuleika Jean Rinidad, A Beach High School sophomore, has been named the winner of the 1996 Guerry Beam Scholarship sponsored by Mr. and Mrs. Charles Warnick. The Guerry Beam Scholarship was established several years ago in memory of Guerry Beam, a local, long-time Caretta volunteer.

Each of the recipients will spend a week this summer working with museum scientists and volunteers from around the country, who will be engaged in the Loggerhead Sea Turtle research project, now in its 24th year on Wassaw Island.

For more information about participating as a volunteer in the Caretta Research Project or on attending Super Science Summer camps, please call Lynn Wright at the Savannah Science Museum, 355-6705.

WANTED:

Babysitter for a 7 year old girl. Mostly Days, Some Evenings. My home or yours. Midtown. Call 692-0474. Leave a message.

Netscape Address Exchange

Send us your favorite or worst web site addresses with a brief description of what they have to offer and we'll publish them for free and enter your name in a drawing for two free United Artist movie tickets from AAA. Below are a few of the sites we've visited and our impressions of their services.

<http://www.mapquest.com/>

Offers free travel information and travel routes and estimated mileage from one city to another. This is a great service for those who travel frequently and have a tendency to lose directions.

<http://204.182.40.66/>

Touted as the 'Crankiest Site on the Net', this website allows you to be cursed at and preached to all in the same paragraph. Sixty percent of the visitors to this site, use it as a means to blow off steam for anything and everything that irritates them. No one is safe from their wrath. The other forty percent preach sermons about the evilness of cursing and complaining. If you want to go tell the postman to f___ off or you want to find Jesus on the Internet, this is the page for you.

*Addresses must be free, nonpromotional and open to access through the ASC Internet.

<http://www.nnic.noaa.gov/>

This one is really cool. It gives you weather updates from all over the US. When hurricane Bertha was knocking at our door, this website gave an accurate account of her every movement. Expect to have troubles getting online and be prepared for a long wait when weather conditions are adverse, but all in all, it's a pretty good service and it's free.

We know that there are a lot of cool sites out there to visit and we encourage you to let us know what you've found.

We are currently working on getting The Inkwell on the Internet on a regular basis. Until then, you can view a rough copy of our Internet version at: <http://www.armstrong.edu/Activities/Inkwell/Inkwell.html>

Announcements

Armstrong Receives \$48,000 Grant from BellSouth Foundation

Grant Will Benefit Education Students in Preparing for the Job Market

Fine arts students have been assembling portfolios for years in hopes of showing off their work to clients. With a new grant of \$48,000 from the BellSouth Foundation, Armstrong State College education students will get the chance to do the same.

Education majors will now begin forming a portfolio of their accomplishments both in and out of the classroom. This new approach allows the students to show off much more than just the classes they attended and their grade point average. Work like a multimedia collection of student work would give prospective employers a better idea of the practical experience an Armstrong grad could bring to the classroom.

Much of the grant will fund a position to oversee the portfolio project. The person chosen to fill this job will act as a mentor to both the undergraduate students preparing for job searches and graduate students pursuing the approval of the National Board of Professional Teaching Standards.

"This is a great opportunity for our students," says Maryellen Cosgrove, associate professor of education. "The BellSouth grant will assist us in letting our students prove that they really understand and can apply what they are learning."

Maryellen Cosgrove can be reached for comment at 921-5537 or 927-5281.

David Muschamp, regional director of iellSouth, can be reached at 232-8000.

Armstrong Languages and Literature Divisions Presents Essay Awards

Eight Armstrong State College students were honored for outstanding essays at a luncheon on June 6. The works were chosen from submissions from English 101, 102, and 201 classes. The papers must have been written during spring, fall, and winter quarter of the previous year or during spring quarter of this year.

The winners for English composition 101 were Jason Love for *Shot*, Kasey Simms for *You've Got Style*, and DeAnn Mann for *Breathing Lesson*. Audrey Matthews, author of *Arrested Development*, won for English composition 102. English composition 201 and Aaron Gould as its winner for *Manhood According to Gaines*.

Upper-level English class winners were Chris B. Collins for *The Cry of the Children*: Elizabeth Barrett

Browning, *A poet in the Hood*, sic by Frederick Loewe, for Jessie Jones for *Mary Shelly's* their Summer Dinner Theatre *Frankenstein: The Great* on August 1,2,3,7,8,9,10. *Revolutionary Corpus*, and This adaptation of David Starnes for *Plumb Lines*. George Bernard Shaw's play "Pygmalion" is about the

The essays will be printed in *Watermarks*, a collection of flower girl into a society student essays edited by woman. The Dinner Theatre Helon Raines, the director of will begin at 7:00 p.m. in the composition at Armstrong. Fellowship Hall of the Isle of Hope Church. Tickets are \$16.00 per person and may be purchased by calling the Music Office at 355-9113. Please make arrangements early.

Understanding and Using the INTERNET...

A one day workshop that delivers step-by-step instructions for getting started on the information superhighway. Learn what the internet is, establish working relations with the world's top professionals in your field, communicate with e-mail users worldwide for the price of a local phone call... The internet is the future and it is here - Workshop to be held in Savannah on September 27th at the Desoto Hilton. Call 1-800-258-7246 or e-mail: info@natsem.com.

Second Annual Cancer Family Camp - Friday Aug. 16th through Sunday Aug. 18th. for Childhood Cancer Patients and Family. Call 355-5196 for more information.

Isle of Hope Methodist Church presents "My Fair Lady" with books and lyrics by Alan Jay Lerner and mu-

ASC Dance Camp - directed by Sharon Jacoby and Michalle Quarles. The camp starts on July 29th and runs through August 2nd, for five days. The camp is open to grades 6 - 12. The cost is \$80 per participant and runs from 9 a.m. to 3:30 p.m. Participants will learn stretching and conditioning techniques, leaps, spins, turns, all types of kicks and dance moves. Call 921-7367 for more summer camp information.



The Gathering <http://www.takeme.com> Scholarships, academic & career resources, internships, sports, news, entertainment, travel, music, debates and thousands of links.

Economics report

Is America Really Undertaxed?

By Chandra Duvall

Rob Norton, Assistant Managing Editor of *Fortune* Magazine, is a regular contributor. In a recent article, 'Is America Really Undertaxed', he describes some theories about America's taxation policies. He states in the article that although many Republicans and Conservatives believe that the tax burden in the U.S. is excessive, opposing Liberals and Democrats believe otherwise. The issue can never be resolved because it is not as straight forward as it seems.

At first glance the article does provide plausible arguments supporting the "Undertaxed" side. The main argument is that the percent-

age of government spending that is covered by taxes in the U.S. is less than the tax burden in other industrialized nations. For example, France and Germany's governmental expenditures are paid by 50% of tax revenues, whereas the United States' governmental expenditures is covered by only 35% of tax revenues.

The article then discusses the other side of the argument. It points out that the overall profile of government taxing and spending is different in each nation. Many European nations pay for a 'cushy economic net' that includes such things as long-term unemployment and disabilities benefits and, in some industrialized nations, provides free

college for taxpayer's children.

The biggest difference in the tax burden is the way the U.S. and European nations provide for health care. On the average, 75% of health care in Europe is paid for by the state out of tax revenues. In the U.S. the government covers less than half out of tax revenue. If private health care expenditures - insurance payments - were added to the tax burden of the U.S., the huge difference between the United States and Europe would diminish. Adjusting the data to include health care spending explains nearly half of the apparent difference between Europe's and America's tax burdens. (*Fortune*, July 8, 1996)

Cost Cutting at Delta Raises the Stock Price but Lowers Service

By Petra Kempa

Last year Delta Airline fell to last place among the ten largest carriers in on-time performance while trying to compete with the 7-cent per mile rate offered by low cost carriers. After losing nearly \$2-billion between 1991 and 1994, Delta Airlines instituted Leadership 7.5 cents, a severe three year cost cutting program. The goal was to reduce operating expenses by \$2-billion annually from 9.26 cents per available seat-mile when the effort began in 1994 to 7.5 cents per available seat-mile by June 1997. But cost cutting practices instituted by low cost carriers, hailed by Wall Street and implemented by Delta are now drawing criticism.

Delta had already eliminated 8% of its work force to 69,555 before the cost-cutting practices began. Another 11,458 employees were let go through early retirements and buy outs. To date, \$1.6-billion in cuts have led to a rebound at the airline with earning re-

ports of \$333-million (or \$5.20 increase per preferred share on the stock market).

Customer satisfaction and worker morale though has suffered with the replacement of seasoned employees by temporary contract labor. During the past Christmas season, 5000 passenger bags were waylaid in Atlanta, prompting airline management to pull office employees to aid in luggage transport. Increased wait time at the ticket counters and personnel unskilled in managing high pressure customer relations further add to the dissatisfaction of airline travelers.

Even though the carrier received a clean bill of health from the FAA last year, concerns about aircraft safety linger, especially with the cut of mechanics from 1 per gate to 1 covering 3 or 4 gates. As one maintenance supervisor said, "When you have ValuJet or Southwest flying at seven cents per mile, you can't compete doing things like you [used] to do."

This past April, the airline received a warning letter from the FDA regarding unsanitary conditions of rest rooms and service areas in planes at the Cincinnati hub. The same contract labor company has also provided service at the Atlanta hub. In response to the letter, Delta airlines canceled its' contract with the sub contractor. Cabin service has suffered as well since flight attendants were reduced from 3 per flight to 2 per flight. The US Postal Inspector arrested several contract workers at Delta's mail sorting facility for allegedly stealing credit cards and US Treasury Checks worth more than \$2-million. Delta canceled its' contract with that contractor stating 'business reasons.' Veteran Delta employees and customers yearn for the company that rendered the kind of service travelers around the world had become accustomed to during the airlines 'Golden Age.' (Wall Street Journal, June 20, 1996)

SIFE: ASC's Economics Club is associated with Students in Free Enterprise (SIFE), a partnership between higher education and business. If you are interested in joining SIFE and/or the Economics Club at ASC, contact Dr. Yassaman Saadatmand, Faculty Advisor. Her office is on the second floor of Victor Hall, Room 2 - 15.

Board of Regents Approves New Bachelor's Degree

From Sarah Metzgar

The Board of Regents voted to approve a bachelor of science degree in radiologic technologies at ASC. The degree would offer two tracks of study - one for concentration in radiologic technology and one in radiation therapy. The associate of science degree and advanced

certification in radiologic technology will be phased out.

This move brings the program in line with the mandate of the American Society for Radiologic Technology which states that all radiation therapy programs be offered at the baccalaureate level by the year 2000.

Attention Summer Students!

Use your student I.D. to receive a \$5.00 Discount on tickets to see "Celebrating Ragtime! The First 100 Years" at the Johnny Mercer Theater in the Savannah Civic Center on Wednesday evening, July 31, at 8 p.m.

You will enjoy Rip Roaring Ragtime played by internationally acclaimed classical ragtime and jazz pianists Butch Thompson, Mimi Blais and Richard Zimmerman.

Proceeds will benefit the Golden K's charitable programs.

Phone (912) 651-6556 or 1-800-351-7469 for more information.



Butch Thompson, jazz pianist

This Week In History

On July 25, 1898, the U.S. took Puerto Rico ... July 28, 1915, U.S. forces landed in Haiti ... July 22, 1916, a bomb exploded during the San Francisco Preparedness Day parade, killing 10 people; Thomas J. Mooney, a labor organizer, and Warren K. Billings, a shoe worker, were convicted of the deed ... July 24, 1925, John T. Scopes was found guilty of having taught evolution in a Dayton, Tenn., high school; he was fined \$100 and court costs ... July 27, 1953, the fighting in Korea came to an end ... July 23, 1955, the summit meeting of leaders of the U.S., Britain, France, and the U.S.S.R. in Geneva, Switzerland, came to an end ... July 25, 1963, a limited nuclear test-ban treaty was agreed upon by the U.S., the Soviet Union, and Great Britain, barring all nuclear tests except underground ... July 23, 1967, race riots began in Detroit, Mich. ... July 24, 1974, the U.S. Supreme Court ruled 8-0 that President Nixon had to turn over 64 tapes of White House conversations sought by Watergate Special Prosecutor Leon Jaworski ... July 24, 1974, the House Judiciary Committee began televised hearings in the Watergate matter ... July 27, 1974, the House Judiciary Committee voted its first

article of impeachment against President Nixon, charging him with taking part in a criminal conspiracy to obstruct justice in the Watergate cover-up ... July 23, 1990, President Bush nominated Judge David Souter of the U.S. Court of Appeals for the First Circuit in Boston to take the place of Justice William Brennan who had announced his retirement from the Supreme Court ... July 22, 1995, Susan Smith, the Union, S.C., mother who had confessed to drowning her two young sons by allowing a car to roll into a lake with the boys locked inside, was found guilty of two counts of first-degree murder ... July 26, 1995, the Senate passed, 69-29, a bill that would end U.S. participation in the arms embargo against the Bosnian government ... July 27, 1995, President Clinton signed a revised version of the rescissions bill that he had rejected in June when he cast his first veto ... July 27, 1995, the leaders of the three largest industrial labor unions in the U.S. - the United Automobile Workers, the United Steel Workers of America, and the International Association of Machinists and Aerospace Workers - voted to merge by the year 2000.

For the Young at Heart

STRATEGIES

FOR SURVIVING THE '90s

■ **Be a good role model.** Aim for at least 30 minutes of moderate activity every day: Walk the dog, wash the car, mow the lawn, walk to the store.

■ **Plan family fitness outings** at least once a week. Hiking, biking, swimming or skating together are some examples.

■ **Make exercise a social event.** Hold children's birthday parties at a skating rink, water park, bowling alley or other sports center.

■ **Choose gifts and rewards that encourage active play:** Sporting equipment, a bike, a pogo stick are some examples.

■ **Limit television, video and computer games.** Encourage children to play outdoors.

SOURCE: American Dietetic Association (ADA); research by PAT CARR

Helping kids stay fit

Children who exercise often grow up to be adults who value fitness programs. Here are some tips for parents:

■ **Support your child's interests.** Find classes you can afford and arrange for transportation. Provide appropriate clothing and transportation. Attend games and performances.

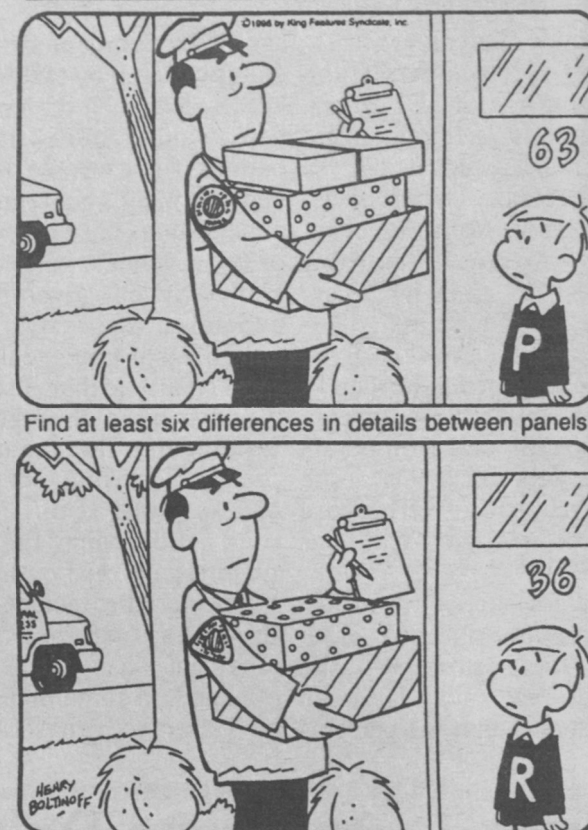
■ **Match your child to an appropriate sport:** Dance, swimming, tennis, horse-back riding or team sports are good examples.

■ **Be positive.** Talk about the days you do exercise. Encourage participation, not just winning. Try to make fitness fun.

For more information: Call ADA's Consumer Hotline, 800-3661655.

Next week: Women and heart disease

Vision Teaser



Find at least six differences in details between panels.

Number is transposed.

Differences: 1. Leaves are added. 2. Vehicle is moved. 3. Arm patch is different. 4. Box is missing. 5. Letter is changed. 6.

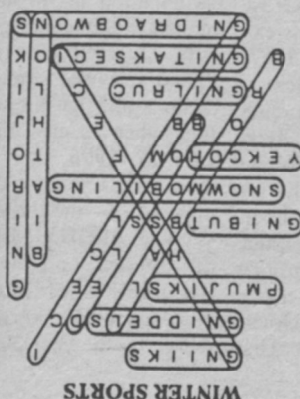
MagicMaze

WINTER SPORTS

F D B G N I I K S Z X W U I S
Q O N G N I D D E L S D C L J
H P M U J I K S L F E E D C G
A Y W V T S H A Q L C P N B N
G N I B U T B S S L L K I I I
H S N O W M O B I L I N G A R
Y E K C O H O M F F E C B T O
Z Y W O E B B V U S E R Q H J
P N R G N I L R U C M C L L I
J B U G N I T A K S E C I O K
I L H G N I D R A O B W O N S

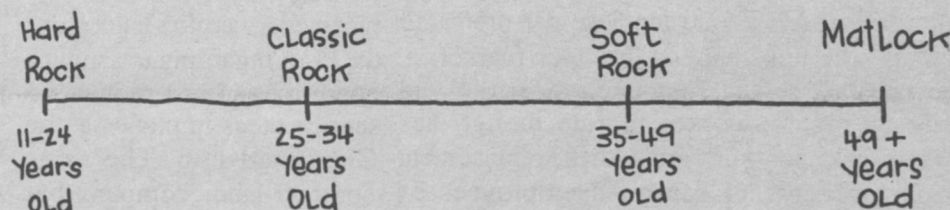
Find the listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.

Biathlon Hockey Ski jump Snowboarding
Bobsled Ice climbing Skiing Snowmobiling
Broomball Ice fishing Skijoring Tubing
Curling Ice-skating Sledding



OUT ON A LIMB by GARY KOPERVAS

The Entertainment Life Cycle:



BUTCH AND DOUGIE by ALEX HOWELL



Big Mac prices

The cost of a McDonald's Big Mac is often used as an indicator of the general price level of a country. Here are the most expensive in Europe:

Country	Price in dollars
1 Switzerland	\$4.80
2 Denmark	4.40
3 Sweden	3.87
4 Belgium	3.50
5 France	3.41
6 Austria	3.40
7 Germany	3.22
8 Netherlands	3.21
9 Argentina	3.00
Israel	3.00



Price in U.S.: \$2.36

SOURCE: The Economist (McDonald's)



"You don't have *Sound of Music*? Well, how about *Maniac Teenage Zombies*?"

ASC NIGHT WITH THE SAND GNATS!

By J. Dion Couch

The College Union Board recently sponsored an Armstrong Night at Grayson Stadium where the Savannah Sand Gnats hosted the Macon Braves! Close to 400 tickets were given to students, faculty and staff to enjoy a night of baseball. Eric Culberson and the EROK Band provided music before the game, between innings, and during the 45 minute rain delay (we couldn't have scheduled it if we tried!). EROK was originally scheduled to play after the game as well, but after 12

innings, they decided to go home. Overall, ASC night was a great success and we are planning to have some more during Fall and Winter quarters.

How does 'ASC Night Out' 50's style grab you? We rent a bowling alley, hire an "oldies" DJ, have prizes for the "Best Dressed" (50's style of course), and party to the wee hours! CUB is also looking at the possibility of a movie night out as well. Stop by the Student Activities Office and tell me, Dion, what YOU want!

Happenings



I Love you man! SGA Vice President Sean Connelly applies the brew-heimlich maneuver to best pal Steve.



Our Hero! Connelly races across the finish line in the Dizzy Izzy contest at ASC Night with the Sand Gnats.

Photos by J. Dion Couch



EROK performs at ASC Night at the Sand Gnats Game.

ASC Reps Attend National Concert Seminar

By J. Dion Couch
Program Coordinator

Two representatives from ASC attended a National Association of Campus Activities (NACA) sponsored seminar entitled, "Contemporary

Concert Management and Promotion". Dion Couch, Program Coordinator, and Arian Camilleri, Chairman of Rock Me Productions, attended the four day workshop at Vanderbilt University in

Nashville, Tennessee. The dynamic duo attended several show around town: Bryan White, the Thompson Brothers, Robben Ford, and The Why Store. They could have attended a Brooks and Dunn show, but time ran out.

The two participated in several lectures and round table discussions with high level talent agents, artist managers, concert security experts, and other college music programmers.

The purpose of the seminar is to let college concert promoters gain better knowledge in producing concert acts without the risk (\$\$) involved in learning by trial and error.

We were also able to meet face to face with other student promoters, so we can better network concerts in the future, and save even more \$\$! This year should be a banner year for concerts at Armstrong, so be ready!!!

KEEP US POSTED!

- Are you planning a meeting,
- Bake Sale, Concert or Special
- Event? **927-5351**
- The Inkwell offers Free coverage of campus events as room
- and time allow. Call us!

So You Want to be an Eagle Scout...

Daniel Crawley, in his quest to become an Eagle Scout, is required to perform community service projects; lucky for us that he does! Daniel organized some volunteers from Boy Scout Troop 9 to come over to every students' favorite parking lot and paint nice new yellow lines! One scout even painted his shoes yellow!

According to Hugh Justice of Plant Operations, the scouts provided "over 108 man hours of labor, used over 25 gallons of paint, and painted the majority of the lot". Thanks to Daniel and crew, and good luck on earning your Eagle Scout rank!

Right: Boy Scouts from Troop 9 worked hard in the hot sun to repaint the fading lines of the back parking lot near the gym.



Eagle Scout Daniel Crawley clears pavement for painting



Photos by J. Dion Couch



Preparing the stage for the Brooks and Dunn Concert



Starwood Amphitheater in Nashville, Tennessee

The Back Page

Natasha's Stars

ARIES (March 21 to April 19) You'll begin a home decorating project early in the week. Later, arguments about money are likely to arise, but you've done your financial homework. What you want to do is really affordable. The weekend looks good for a quick getaway.

TAURUS (April 20 to May 20) A new assignment, which will be to your liking, comes your way early on. You could meet with romance through an introduction made on the job. However, those who are in a committed relationship should resist temptation.

GEMINI (May 21 to June 20) Your social graces will be an asset in business this week. You'll finally receive recognition for your work from cantankerous bigwigs. A possible disagreement could arise this weekend with a loved one, but avoid being stubborn.

CANCER (June 21 to July 22) You're a bit restless as the week dawns. Going out for good times is favored over staying at home this week. Travel is in the stars for you quite soon and romance is part of that.

LEO (July 23 to August 22) You'll be spending quality time with a romantic interest this week. Avoid confrontations in business since these are sparked by jealous co-workers. Make that special call this weekend to a troubled friend who needs your assistance.

VIRGO (August 23 to September 22) A romantic cycle begins for singles. Bonds of affection will grow stronger among those who are attached. Enjoy fun amusements later in the week, but try to avoid spending too much money; you can have fun inexpensively.

LIBRA (September 23 to October 22) You've been going out more often than usual for fun times. However, try not to let a small upset between friends turn into a huge area of contention in which you're dragged



in the middle. Perhaps it's best to relax this weekend.

SCORPIO (October 23 to November 21) Travel and artistic interests are likely to be the priorities which are uppermost on your mind this week. Avoid forcing issues in business, even though you are impatient to make certain changes. The situation soon turns in your favor.

SAGITTARIUS (November 22 to December 21) Your social life will pick up this week, and singles are likely to meet with a new admirer. On the job, it's best to keep peace with that cantankerous co-worker. Eventually, this person meets you halfway in a spirit of cooperation.

CAPRICORN (December 22 to January 19) A cycle begins that is favorable for shopping. Although you could become impatient with a personal adviser, in business, your charm works wonders. Utilize this to its best advantage. Seek out a trusted friend this weekend.

AQUARIUS (January 20 to February 18) You'll be sprucing up your wardrobe and appearance this week. You'll also get encouragement to proceed with a project that's been on the back burner at work. Feel free now to jump in.

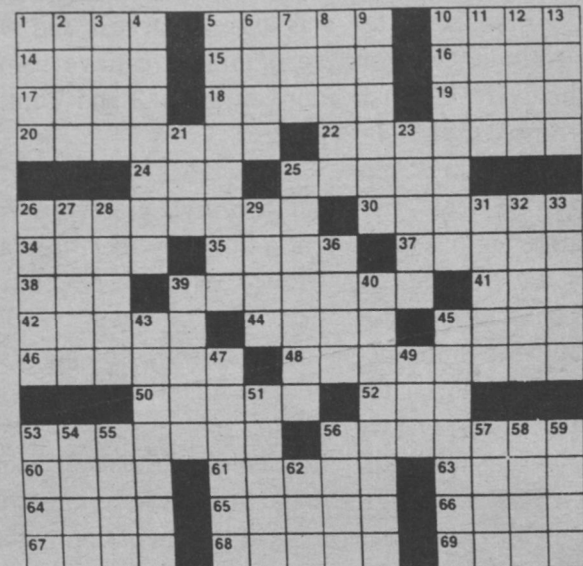
PISCES (February 19 to March 20) A disagreement with a friend could occur over money should you decide to say yes to a loan request. Plans for travel fall into place. However, make it a point to guard your valuables.

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THE Crossword

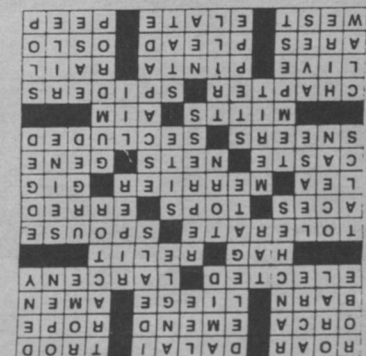
- ACROSS**
- Jungle sound
 - Lama
 - Walked
 - Whale
 - Make changes in texts
 - Strong cord
 - Farm building
 - Loyal subject to a monarch
 - Last word
 - Voted into office
 - Theft
 - Witch
 - Kindled again
 - Put up with
 - Mate
 - Great tennis serves
 - Lids
 - Made a mistake
 - Meadow
 - More jolly
 - Band performance
 - Indian social class
 - Seines
 - Hereditary factor
 - Jibes
 - In a private place
 - Catchers' gloves
 - Set a goal
 - Novel section
 - Web weavers
 - Kind of TV
 - Columbus' ship
 - Train wreck
 - God of war
 - Beg
 - Norwegian city
 - Direction
 - Make happy
 - Chick's sound

- DOWN**
- Lounging garment
 - Spoken
 - Land measure
 - Western farms
 - Representative
 - Included with
 - Civil War name
 - Viewpoint
 - Perfect images
 - Farm implement
 - European capital
 - Ready for business
 - Say it isn't so
 - Old sailor
 - More mature
 - Hold back
 - Powders
 - Body of water
 - Rental agreement
 - Ripped
 - Goaded
 - French river
 - Hemmed
 - Location
 - Deserve
 - Adventurous undertaking
 - Violent wind-storm
 - Chewy candy
 - Russian plain



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ANSWERS



- 49 52
51 Warble
53 Talon
54 Employ
55 Sts.
56 RBI, e.g.
57 Comfort
58 Stir up
59 Spill over
62 Tchrs. gp.

THE SPATS by JEFF PICKERING



"Jeez, Harry! That's supposed to be for burglars, not alarm clocks!"

Poison Frogs ©1996
By Marion C. Braxton

